



Healing and Restoration Ministries, Inc

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How To Stay Healed

Often as illness strikes we say, "Why me Lord, why am I being attacked? During my attack with lupus I used to say, "Why me Lord?" I can clearly see how God used my attack to prepare me to help others. Though satan is the attacker, Jesus uses our attacks for our good and for His glory. In 1980, when I was declared hopeless and incurable, I sought God's will for my life. I desired to be healed so that I could help those who were suffering. After searching my Bible, God healed me, and gave me compassion for the suffering ones. He called me to teach His healing covenant to the terminally ill.

The truth is - no terminal ill one can overcome an attack - until they are sure of God's will for them.

They must also they know their healing-covenant - and their benefit-rights in Jesus. God never left us defenseless, or hopeless. Instead, He gave us instructions on how to overcome the enemy. That is why God said in Joshua that - "This book of His Law shall not depart out of our mouth; we are to meditate therein day and night, that we may observe to do according to all that is written therein, and then, we shall make our way prosperous, and then we shall have good success;" (Josh. 1:8). Meditating the Word, and speaking audibly - is key to manifest our healing!

Satan is a mean, ruthless outlaw. He steals, kills and destroys; (Jn. 10:10 a). When you are healed, you must know how to keep your healing, or satan will steal it away. Jesus came to give us life and to give it more abundantly; (Jn.10:10 b). "For this purpose was the Son of God manifested that He might destroy the works of the devil;" (1 Jn. 3:8). Our enemy satan wants to kill us! But in contrast Jesus wants to give us abundant life. Jesus paid the full price to redeem us from the curse. So it is God's will that we be healed, and, it's His will that we stay healed. So don't allow satan to cheat you out of your healing rights by blinding your mind from God's merciful truth.

After I was healed, I learned the truth and I outsmarted satan's deception strategy. I never let him use my mental reasoning to defeat me, as Pro. 3:5-6, warns us to obey. You must not allow satan access into your mind, or he will deceive you. Instead, be "transformed by renewing your mind, so that you may prove what is that good, and acceptable, and perfect will of God," Ro. 12:2). You will become just what you think, as you will become exactly what your mind meditates. Because the Word says "As he thinks in his heart so is He;" (Prov. 23:7).

Josh. 1:9 says, "Have not I commanded thee? Be strong and of a good courage; be not afraid, neither be dismayed for the Lord thy God is with thee wherever you go." It should comfort your mind to know that God is always with you. Jesus said, "Lo, I am with you even unto the end of the world;" (Mt. 28:20). Within Jesus we are more than conquerors - no matter how bad the attack may be. Jesus is with us, in us, and He is for us. All good and perfect gifts are from God; (Jas. 1:17).

Jesus is our good shepherd; (Jn. 10:11). His sheep know His voice, and they follow Him; Jn. 10:4)When Jesus was on earth, He "went about doing good, and healing all that were oppressed of the devil, for God was with Him;" (Acts 10:38). He has not changed. "He is the same yesterday, today and forever;" (Heb. 13:8). The

problem has been a lack of teaching people how much God loves them, and how much He wants them to be healed and prosperous, and that is only by His Word.

Many claiming faith do not trust God, nor rely on His Word when illness strikes. So the attack proves or tests your faith. And it's easier to 'say' that you have faith in God, than it is to trust in His promise. Trust requires an intimate relationship with Him before you can trust His promise. So acquaint yourself with God, so your faith will trust His Word before the attack. We are all subject to enemy attacks. So remember that "No weapon formed against you can prosper;" (Isa. 54:17). And surely no attack prospers when you trust God's protection, no, not even pain in your body.

Yet faith for healing isn't easy when pain persists. So by determination and will-power you must keep your mind focused on God's Covenant promises. When satan battles your mind fiercely, he is trying to sway your faith. Remember, no pain can alter God's covenant promise. So forcefully speak out God's Word to that spirit of pain, so you can stop satan's plan, and alter the doctor's negative report. The battle is fought within the mind; so take courage, and keep your mind on God's promise.

It is impossible for God to lie, or to break His Word, or to break His promise. God made promise to Abraham and because He could swear by no greater, He swore by Himself, saying "surely blessings I will bless thee, and multiplying - I will multiply thee. And, after He had patiently endured, He obtained the promise." (Ro.4:13-15). By faith, we are Abraham's seed and heirs to his blessing promise, by (Ro.4:16). Abraham believed God and it was counted unto him for righteousness; (Ro. 4:3).

God calls righteousness faith, and without faith it is impossible to please Him. (Heb. 11:6). And you must know that pain in your body cannot altar God's Word. Nor can it cancel God's covenant promise. God has good gifts and healing is one of His good gifts. He wants you well, but your soul must prosper before your health can prosper; (3 Jn. 1:2). Circumstances and symptoms change as you meditate and speak the Word. So you overcome. Therefore do as God did in Genesis chapter one, and call your desires into existence.

If you desire to be healed, then call Jesus your healer and thank Him for the stripes that He bore upon His back for your healing. It will come when you patiently wait for His promise. Healing is your covenant right, so take your healing blessing. Faith in God's Word makes you whole, or well, and it's faith that will keep you well: (Mt.9:22; and Mk. 5:34). Yet, faith only works as we are walking the love walk; (Gal. 5:6). Therefore obey God, walk in love without being offended, so you can stay well.

I have seen people go through prayer lines and be healed, and testified of their healing. When pain symptoms returned, their faith wavered. They lost the healing due to deception. A battle in their mind was lost to satan's tricks. If your mind wavers and you entertain doubt, or you think you are not healed - then satan has trapped you with unbelief and deception. As you have believed the attack is stronger than God's promise. And what so ever is not of faith is sin, by (Ro. 14:23).

We overcome by thinking right. Or we are overcome by meditating wrong thoughts. It's our own fault if deception overcomes us. God gave covenant commandments and instructions for us to overcome deception, and be victorious over all the power of the enemy! Deception is his only power over us. So stay close to God and ask for wisdom and discernment, and never be deceived.

This is not a flesh and blood battle that we are fighting; (Eph. 6:10-18). We are fighting a spiritual battle - where satan attacks our mind. Unless you take charge of your mind you will loose the battle in the mind, then satan attacks your flesh when your mind is unsettled. Then you are wavering, or straying from faith. You must believe Jesus has healed you today and you believe you are healed tomorrow, though symptoms are still coming from satan. As he is trying your faith-to make your mind waver. That is how the symptoms that satan gives you - can deceive your mind.

As we stay in God's Word...we can overcome all the enemy attacks. As we then can see through satan's plan. Because our mind will stay clear, as we will be renewing our thoughts by using God's Word; (Ro. 12:1-2, Phil. 4:8). Jesus fought satan, and won the battle over him. (Col. 2:6-15) So our battle is--keeping our minds from being contaminated with satan's suggestions. You must renew your mind daily with God's Word - to keep satan from polluting your mind. You cannot overcome deception, or stay healed by living on food alone. We are all spirit-beings that must be fed spiritual food from God's Word, as well as our body needs good, healthy food - in order to stay healthy. As you come God's way by following His instructions - things will work for your good. As then, satan cannot snare or deceive you. You must stay in the Word to be close to the Lord...then you can remain in the power of His might, and keep on the whole armor of God. Then you are able to stand against the wiles of the enemy, as (Eph. 6:10) says. If you come God's way, even the gates of Hell shall not prevail against you. (Mt.16:18).

We can build our faith strong by living and abiding in Psalms 91, for spiritual food. And Psalm 23 is great to feast on when your spirit is low and you need a spiritual lift. Stay in the Word if you want to stay well and be strong in the Lord. Walk upright, and follow God's Laws on love, eat properly, and don't allow satan to snare you with thoughts contrary to God's Word or with what you eat. So eat what Jesus ate and keep His Word in your heart and grow strong in spirit, soul and body. Then you can stay healed, and then, you can teach others how to overcome their enemy attacks as well.

Emily Dotson was supernaturally healed of lupus. Now she teaches others how to overcome disease through the power of God. For more information on Emily Dotson's Ministries, please visit her website at www.emilydotson.com.